



MAYOR OF LONDON'S



Menu Week 2

Monday

Breakfast
Light cereal or
Cracker variety with
Fresh fruit & Milk

Lunch
Rotli and black eye bean
shak served with salad
Semolina

Tea
Buttered Crumpets
Fresh fruit variety

Tuesday

Breakfast
Light cereal or
Cracker variety with
Fresh fruit & Milk

Lunch
Mashed Potatoes with baked
beans
Fruit

Tea
Whole meal sandwich thins with
soft cheese and cucumber
Fresh fruit variety

Wednesday

Breakfast
Light cereal or
Cracker variety with
Fresh fruit & Milk

Lunch
Mutter Paneer with Rice and
Naan
Served with salad - Fruits

Tea
Vegetable Fritters served with
yogurt chutni
Fresh fruit variety

Thursday

Breakfast
Light cereal or
Cracker variety with
Fresh fruit & Milk

Lunch
Vegetable pasta bake with
cheese served with salad and
fruits

Tea
Potato poha with yogurt
Fresh fruit variety

Friday

Breakfast
Light cereal or
Cracker variety with
Fresh fruit & Milk

Lunch
Rotli with Daal served with salad
Rice pudding

Tea
Potato waffles

