



Menu Week 2

Monday

Breakfast
Light cereal or
Cracker variety with
Fresh fruit & Milk

Lunch
Rotli and black eye bean
shak
Semolina

Tea
Buttered Crumpets
Fresh fruit variety

Tuesday

Breakfast
Light cereal or
Cracker variety with
Fresh fruit & Milk

Lunch
Mashed potato, beans and
cheese
Fruit

Tea
Whole meal sandwich thins with
soft cheese and cucumber
Fresh fruit variety

Wednesday

Breakfast
Light cereal or
Cracker variety with
Fresh fruit & Milk

Lunch
Mutter Paneer with naan bread
and rice
Petits filous yoghurt

Tea
Vegetable cous cous
Fresh fruit variety

Thursday

Breakfast
Light cereal or
Cracker variety with
Fresh fruit & Milk

Lunch
Vegetable pasta bake with
cheese
Fruit

Tea
Potato puwa
Fresh fruit variety

Friday

Breakfast
Light cereal or
Cracker variety with
Fresh fruit & Milk

Lunch
Rotli and mixed daal
Rice pudding

Tea
Bombay mix

