



Menu Week 3

Monday

Breakfast
Light cereal or
Cracker variety with
Fresh fruit & Milk

Lunch
Thepla with potato and peas
shak
Mango ras

Tea
Masal rice
Fresh fruit variety

Tuesday

Breakfast
Light cereal or
Cracker variety with
Fresh fruit & Milk

Lunch
Vegetable pizza
Fromage frais yoghurt

Tea
Ebly
Fresh fruit variety

Wednesday

Breakfast
Light cereal or
Cracker variety with
Fresh fruit & Milk

Lunch
Rotli with kadhi & khichdi
Fresh fruit variety

Tea
Crumpets
Fresh fruit variety

Thursday

Breakfast
Light cereal or
Cracker variety with
Fresh fruit & Milk

Lunch
Cannelloni filled with
spinach, vegetables and
tomato
Fruit salad

Tea
Buttered buns
Fresh fruit variety

Friday

Breakfast
Light cereal or
Cracker variety with
Fresh fruit & Milk

Lunch
Rotli with dudhi/daal shak
Mixed fruit

Tea
Potato puwa
Fresh fruit variety