



Ghanshyam Nursery School

'laying the foundations for life'

We strive to provide the highest quality childcare facilities and personnel for the social, personal, cultural and religious advancement of the child

Summer Newsletter 2023

What we will be learning ...



Dear Parents and Carers,

The sun has got his hat on hip-hip-hip-hooray! We're looking forward to all the exciting learning opportunities the sunshine will bring. This newsletter is our summer newsletter for July and August. There will be a lot of outdoor learning while making the most of the weather. Throughout the nursery, all children will learn all seven areas of learning of EYFS with different opportunities given by our staff; role-play like barbeques and ice-cream tent experience, visit by Mr Rabbit, Splash pool parties and lastly our exciting **SUMMER FAIR**.

Summer birthdays

Thaylen P 5th Aug
Jaya R - 13th Aug
Amelia G - 20th Aug
Aria G - 20th Aug
Kiaan V - 26th Aug



It is always a surprise to reach the end of another year; it seems to go so quickly. As always the children have been amazing and so have our families. We will be sending out a new calendar of events for next year and you will see that there will be even more opportunities for you to come in. Of course this time of year is also a time when we say goodbye to our Sunflower 2 children who leave us to go on to the next stage of their education. As we celebrate their new beginnings on 7th July which is our **GRADUATION DAY** for our Sunflower 2 children, We also have announced our **SUMMER FAIR** this year on the same day from 2:00 pm to 4:00pm.

Historically, parents have donated either goods or contributed towards party bags for all the children in the nursery. If parents wish to do the same, we will be making 56 bags. Please be mindful of small toys that may pose a choking or a safety hazard. Please contact me before purchasing any toys. Please make your contribution by Wednesday 5th July. Thank you for your continuous generosity.

Inset days 2023



Friday 18th August

Wednesday 15th
November

Toy Tambola

This year, we have planned 'Toy Tambola' for children where it will be nice for them to win some toys in a raffle. So we would like all children to donate one toy (unused) on Wednesday 28th June in exchange of dressing up as their favourite character for World Wellbeing Day, and then they can win the prizes on the **SUMMER FAIR** day by playing the Tambola. Every child will get to pick up one round of raffle free which is three tickets and second round after that would be a pound for 3 tickets.

Summer Project

This summer we would like your children to make some wind chimes at home and express their creativity by using natural resources with parental support. All submissions to be done by 31st August



Schools: School admissions for September 2024 needs to be submitted before 14th January 2024 when the portal opens. The website address for admission registration is www.eadmission.org.uk

Child Absences: If your child is going to be absent or late for any reason, kindly email the nursery before 9:30am so we can plan staffing and activities accordingly. For planned absences, please let us know in advance.

Children's lateness: It's vital that children are dropped to the nursery on time (ideally before 9:00am) and picked up after 4:30pm. The lateness disrupts children's learning and interrupts staff's teaching.

Nursery Contact: Please can all parents ensure they have the nursery mobile number stored in their phone. **The mobile number is 07513 875 936. This is to be used for emergency purpose only.** All emails to the nursery should go to enquiries.gns@sksst.org

School Cakes : We would like to request all parents to let us know 30 days in advance if they want to place the order for the cakes as we will not allow any food prepared from outside. Cakes will be strictly on sponge cakes with less sugar so we prefer our bakers to bake them.

Graduation Day – Friday 7th July 2023. Time: 1:00pm-2:00pm. Venue: Ghanshyam Hall

Notice: Parents must give 30 days notice if you wish to withdraw your child from the nursery.

Sun safety: Please visit <https://www.eyalliance.org.uk/how-be-sun-safe> for sun safety. We would like to remind all the parents to ensure that you have applied or sprayed your child with a high factor SPF 30 or 50 sun cream for very sunny days. This can last up to 8 hours. Our staff may apply the sun cream (with consent) only if a child has an underlying skin condition. Please see attached our Sunscreen Policy.

Parents workshop

We had a very successful parents cooking workshops over the last three Thursdays whereby parents watched and learned how to make some of the favourite food items that are served in the nursery. Parents feedback was overwhelmingly positive. This was a suggestion from a few parents during our last coffee evening. We are always looking for ideas and ways to make our parents partnership stronger.

On behalf of all the Board of Governors (BOGs), we would like to thank all the staff and the parents for working with us to make the nursery a great place for your child to learn and flourish. We will continue working hard and build in more training for staff from experts to improve our practise.

Sunscreen Policy

Ghanshyam Nursery School is committed to safeguarding and promoting the welfare of children as we believe that this is of paramount importance. We expect all staff and volunteers to share this commitment. We uphold the rights of everyone to equality under the law regardless of gender, age, race, belief, ability, disability, sexual orientation or identity.

We believe that our core school motto ('Laying the foundations for life' - We strive to provide the highest quality childcare facilities and personnel for the social, personal, cultural and religious advancement of the child) and British values are not mutually exclusive. We focus on ensuring our work is effective in securing this motto; challenging children, staff and parents/carers who express opinions contrary to the British values with regard to our duty to prevent extremism and radicalisation. Ghanshyam Nursery School has the highest regard for the safety of the children in our care and will carry out its duties to safeguard and promote the welfare of children at all times.

Too much exposure to ultraviolet (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contribute significantly to the lifetime risk of skin cancer. At Ghanshyam Nursery we ensure the children are given outdoor play opportunities every day and at all times of the year and in all weathers. Parents are required to give consent for their children to have sun cream applied – See appendix A. They are also required to inform the nursery of any known allergies to sun cream. Children's exposure to the sun will be limited throughout the day, especially between the hours of 11am and 3pm and on very hot days.

We therefore ensure that the following approach is taken by:

- Providing an environment and resources that enables children to stay safe in the sun.
- Learning about sun safety and sharing that learning through interaction with children to increase awareness/knowledge and to influence behaviour.
- Working with parents, support staff, management and the wider community to reinforce awareness about sun safety.

Useful information

- Skin cancer is one of the most common cancers in the UK.
- Most skin cancers are caused by the sun's UV radiation but the risk can be reduced by adopting measures to protect the individual.
- A child's skin is 15 times more delicate than an adult's and therefore more easily damaged.
- Sunburn in childhood can double the risk of skin cancer: the damage will not be immediately obvious because skin cancer can take years to develop.
- Children are unable to protect themselves; therefore, it is our duty to ensure they are adequately and appropriately protected from the sun's rays.
- The months between April to September are considered to be when the skin is at the highest risk of skin damage.

Staff roles and responsibilities

- The manager and all staff are responsible for health and safety and welfare of the children.
- Staff are encouraged to wear sunscreen when outdoors and should be a minimum of 30+ protection. Sunscreen needs to be nut- free, hypoallergenic and waterproof.
- **Parents need to apply sun cream on their child before they attend the nursery, this must be a minimum of 30+ protection. Sunscreen needs to be nut- free, hypoallergenic and waterproof.** Parents may provide sunscreen for the children that are at the nursery and are highly sensitive to sun or have a skin condition. A medication form and consent form needs to be filled out.

- A new medication form and consent form needs to be filled out each year.
- All sunscreen needs to be clearly labelled with the child's name.
- In the summer months, children are to be kept inside from 11.00am - 3.00pm. Staff and the manager will need to use their judgement and ensure that if they feel that it is too hot, that we keep the children inside for longer.
- All children are required to provide a hat for the children and staff are also encouraged to wear a hat outside. These should also provide neck cover.
- Staff must ensure that any child harmed by exposure to the sun's rays is given appropriate immediate treatment.
- Shade will be provided for outdoor play areas. These may be in the form of: Trees, shade structures such as gazebos, sails, garden houses etc.
- While children will be encouraged to help with applying sunscreen, staff must ensure that this is applied to all the children's skin that is exposed to the sun.
- Parents are encouraged to tell the staff in the morning if sunscreen has been applied, however staff must not assume that this has been done.
- If a parent does not give consent for their child to receive sunscreen, they must speak to the manager. A doctor letter may be requested.
- Children must ensure they are given drinking water throughout the day .

Important websites:

<http://info.cancerresearchuk.org/healthyliving/sunsmart/>

Sunscreen Consent Form



Statement:

The school wishes to encourage pupils to protect themselves from the sun. One way of doing this is to use sunscreen at the appropriate time. You are asked to sign this form to show that you have received the letter/read the Sunscreen Policy about the school's approach to sun safety and support the school's policy. Not all children are at equal risk of sunburn. If your child is at risk and you wish him/her to use a sunscreen at school, please indicate this below.

The school policy states that whenever possible practisioners will supervise the application of sunscreen. Sometimes it may be necessary for practisioners to help children apply the sunscreen. If your child has any allergies or skin sensitivities you may want to check with your GP before providing a sunscreen. The school will inform you if your child has any adverse reaction that may be due to the sunscreen. It is the policy of Ghanshyam Nuresry School to gain parent/carer permission before applying sun cream to a child. Sun cream will be of factor 30+.

Consent:

Child's Name: Room:

- ◇ I give permission for staff at Ghanshyam Nursery School to apply sun cream, which I have provided for my child as necessary during their day.
- ◇ I agree to provide this labelled with my child's name.
- ◇ If sun cream has not been provided by myself, I give permission for the above to apply sun cream that you provide.
- ◇ In the case of my child becoming sunburnt, I give permission to Ghanshyam Nursery School staff to provide any necessary first aid treatment and the application of after sun lotion to the affected areas.
- ◇ I understand that I will need to provide suitable clothing for my child to wear in the summer months; e.g. sun hats, longer sleeved t-shirts and longer shorts.

Signed by:

Parent/Carer Name: Date:

Parent/Carer Name: Date: