



Ghanshyam Nursery School

*'Laying the foundations for life'*

*We strive to provide the highest quality childcare facilities and personnel for the social, personal, cultural and religious advancement of the child*

## November 2022 Newsletter

### Bluebell Room



This month, we are learning about different types of transport, and how they are different from one another. We will learn about how transport is useful in daily life to get to different places.

Parental Involvement - look at different transport in our environment.

### Tulip Room



Our focus this month is Healthy Eating, looking at different foods and how they affect our bodies. Our focus book will be "The Very Hungry Caterpillar," and we will be introducing new food based songs.

Parental Involvement - When in the local supermarket, talk to the children about the healthy and unhealthy foods.

### Sunflower 1 and 2



This month we will be focusing on shapes, colors and patterns. Children will be learning about 2D and 3D shapes and how they can be formed using other shapes. Children will learn to explore and play with colours to create light and dark colours, also combining primary colours to make secondary colours. They will also add other materials to explore different types of textures.

During this topic, children will be identifying patterns, draw conclusions, explain effects, predict and speculate.

Parental Involvement - Plan collaborative activities that involves shapes, colours and patterns, and bring them to nursery for show and tell.

The nursery continues to provide a rich EYFS curriculum and each room has weekly plans. The outdoor area plan is also closely linked to the main activities carried out in each of the rooms. Staff have focus groups during various times of the day where key and focused learning takes place. This is followed by free flow workstations linked to the topic.

The monthly events provide cultural capital - the knowledge and cultural capital they need to succeed in life.



**Makaton of the month:**  
**"Autumn"**



### Staff news

We would like to welcome Suparna to our nursery. Suparna has a range of experience working in both schools and nurseries. She will be working in the Tulip room upon Asha's return.

We would like to welcome Poonamba, who will be assisting with our Sunflowers rooms. Poonamba is currently studying Masters in Education, and has a background from teaching in India.

We are happy to inform you that Asha will be returning back to the nursery on 7th November 2022.

Congratulations to Divya, who is expecting her first child. She plans to work until the end of the year and go on maternity from January 2023

## Emergency contacts:

May I remind all parents to ensure that you are providing the nursery with the correct contact numbers and names for all adults who can pick up your child in an emergency. We are unable to send the children home with anyone that you have not authorised us to do so. This may be frustrating at times but we have to have these safeguarding measures in place.

## Children's clothing

Please provide appropriate clothing for the colder season, this includes wellies and jackets (ideally water-proof). The children will be going out in all weathers to make sure they get fresh air during their time at the setting. We do not want any children to miss out due to not having appropriate clothing.

Please ensure that all of your child's clothing is clearly labelled with their name so that they can be easily identified. The clothing items are getting mixed up.

## Parent Partnership

On the weekend, children tend to do fun and exciting things, whether it is attending a party, learning something new at home or hearing exciting news about their own family. Can I please request parents share these with us via email, sending us pictures and a short description of your adventures.

We would like to welcome all the new children and parents to our Ghanshyam Nursery family. Thank you so much for choosing our nursery to look after your precious treasures .



## Governors message — Parents coffee evening

On Thursday 6th October 2022, we had a successful evening with the parents, staff and governors. Thank you to all the parents who were able to attend and contributed in meaningful discussions.

Those who could not make it, please see a separate attachment for the discussion points and feedback.

Thank you to all the parents for your generosity towards the nursery and to the staff members.

You will also receive a draft Relationship and Health Education Policy (RSE) and the new nursery fees from January 2023.

## **The policy of the month is:**

**Managing Children who are sick, infectious or with allergies. (Please see attached sheet).**

## **Health & Safety**

Staff and members of the governing body have noticed that some parents are still parking in the wheelchair car park spaces. These spaces are strictly for disabled/ wheelchair users!

A reminder to all the new and old parents/carers not to park on these wheelchair bays. Parents/carers should use the main car park at the rear of the temple when dropping off and picking up their children . The cars parked in the front reverse out and it is often very difficult for the driver to see the children.

## **Nursery Contact**

**Please can all parents ensure they have the nursery mobile number stored in their phone.**

**The number is /020 8909 9389 opt 1.**

**All emails to the nursery should go to [enquiries.gns@sksst.org](mailto:enquiries.gns@sksst.org)**



**Ansh - 2**

**Jiya P - 4**

**Mia - 4**

**Daylen - 3**



## 6.2 Managing children who are sick, infectious, or with allergies

### Policy statement

We aim to provide care for children through preventing cross infection of viruses and bacterial infections and promote health through identifying allergies and preventing contact with the allergenic trigger.

### Procedures for children who are sick or infectious

If children appear unwell during the day – for example, if they have a temperature, sickness, diarrhoea or pains, particularly in the head or stomach – our manager or key person will call the parents and ask them to collect the child, or to send a known carer to collect the child on their behalf.

If a child has a temperature, they are kept cool, by removing top clothing and sponging their heads with cool water, but kept away from draughts.

The child's temperature is taken using a forehead thermometer strip/contactless thermometer.

If the child's temperature does not go down and is worryingly high, then we may give them Calpol or another similar analgesic, after first obtaining verbal consent from the parent where possible. This is to reduce the risk of febrile convulsions, particularly for babies. Parents sign the medication record when they collect their child.

In extreme cases of emergency, an ambulance is called and the parent informed.

Parents are asked to take their child to the doctor before returning them to the setting; we can refuse admittance to children who have a temperature, sickness and diarrhoea or a contagious infection or disease.

**Where children have been prescribed antibiotics for an infectious illness or complaint, we ask parents to keep them at home for 3 days before returning to the setting.**

**After diarrhoea, we ask parents keep children home for 48 hours following the last episode.**

Some activities, such as sand and water play, and self-serve snacks where there is a risk of cross-contamination may be suspended for the duration of any outbreak.

We have a list of excludable diseases and current exclusion times. The full list is obtainable from [www.hpa.org.uk/webc/HPAwebFile/HPAweb\\_C/1194947358374](http://www.hpa.org.uk/webc/HPAwebFile/HPAweb_C/1194947358374) and includes common childhood illnesses such as measles.

### *Reporting of 'notifiable diseases'*

If a child or adult is diagnosed as suffering from a notifiable disease under the Health Protection (Notification) Regulations 2010, the GP will report this to Public Health England.

When we become aware, or are formally informed of the notifiable disease, our manager informs Ofsted and contacts Public Health England, and acts on any advice given.

### *HIV/AIDS/Hepatitis procedure*

HIV virus, like other viruses such as Hepatitis A, B and C, are spread through body fluids. Hygiene precautions for dealing with body fluids are the same for all children and adults. We:

Wear single-use vinyl gloves and aprons when changing children's nappies, pants and clothing that are soiled with blood, urine, faeces or vomit.

Use protective rubber gloves for cleaning/slurping clothing after changing.

Rinse soiled clothing and either bag it for parents to collect or launder it in the setting.

Clear spills of blood, urine, faeces or vomit using mild disinfectant solution and mops; any cloths used are disposed of with the clinical waste.

Clean any tables and other furniture, furnishings or toys affected by blood, urine, faeces or vomit using a disinfectant.

Ensure that children do not share tooth brushes, which are also soaked weekly in sterilising solution.

### *Nits and head lice*

Nits and head lice are not an excludable condition; although in exceptional cases we may ask a parent to keep the child away until the infestation has cleared.

On identifying cases of head lice, we inform all parents ask them to treat their child and all the family if they are found to have head lice.

### *Procedures for children with allergies*

When children start at the setting ask their parents if their child suffers from any known allergies. This is recorded on the Registration Form.

If a child has an allergy, we complete a risk assessment form to detail the following:

The allergen (i.e. the substance, material or living creature the child is allergic to such as nuts, eggs, bee stings, cats etc).

The nature of the allergic reactions (e.g. anaphylactic shock reaction, including rash, reddening of skin, swelling, breathing problems etc).

What to do in case of allergic reactions, any medication used and how it is to be used (e.g. EpiPen).

Control measures - such as how the child can be prevented from contact with the allergen.

Review measures.

This risk assessment form is kept in the child's personal file and a copy is displayed where our staff can see it.

Generally, no nuts or nut products are used within the setting.

### *Insurance requirements for children with allergies and disabilities*

If necessary, our insurance will include children with any disability or allergy, but certain procedures must be strictly adhered to as set out below. For children suffering life threatening conditions, or requiring invasive treatments; written confirmation from our insurance provider must be obtained to extend the insurance.

At all times we ensure that the administration of medication is compliant with the Safeguarding and Welfare Requirements of the Early Years Foundation Stage.

Oral medication:

Asthma inhalers are now regarded as 'oral medication' by insurers and so documents do not need to be forwarded to our insurance provider. Oral medications must be prescribed by a GP or have manufacturer's instructions clearly written on them.

We must be provided with clear written instructions on how to administer such medication.

We adhere to all risk assessment procedures for the correct storage and administration of the medication.

We must have the parents or guardians prior written consent. This consent must be kept on file. It is not necessary to forward copy documents to our insurance provider.

Life-saving medication and invasive treatments:

These include adrenaline injections (Epipens) for anaphylactic shock reactions (caused by allergies to nuts, eggs etc) or invasive treatments such as rectal administration of Diazepam (for epilepsy).

We must have:

a letter from the child's GP/consultant stating the child's condition and what medication if any is to be administered;

written consent from the parent or guardian allowing [our staff/me] to administer medication; and

proof of training in the administration of such medication by the child's GP, a district nurse, children's nurse specialist or a community paediatric nurse.

Key person for special needs children requiring assistance with tubes to help them with everyday living e.g. breathing apparatus, to take nourishment, colostomy bags etc.:

Prior written consent must be obtained from the child's parent or guardian to give treatment and/or medication prescribed by the child's GP.

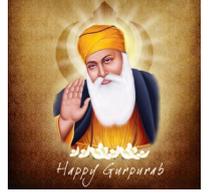
The key person must have the relevant medical training/experience, which may include receiving appropriate instructions from parents or guardians.

# November Events



5th - Fireworks/Bonfire night - The children will be learning about Guy Fawkes and the importance of firework safety.

8th - Guru Nanak Birthday - We will learn about the importance of equality and diversity, and understand Guru Nanak's teachings about this.



10th - World Science Day - the children will be participating in a number of science activities, including making their own crystal sparklers and re-growing vegetables.

11th - Remembrance Day - Please wear red, our children will be learning about the significance of Remembrance Day.



REMEMBRANCE DAY  
*Let We Forget*



14-20th - Road Safety Week - Go for short walks with your children, and look at the road signs and signals. Talk about the importance of them.

18th - Friendship Day & Children in Need - Wear a dotty outfit! Today, we will reinforce our golden rules on this day, talking about being kind to our friends, respecting our friends space and taking turns with our friends. We will also talk about different people from around the world, and how their needs are different to ours.



24th - Thanksgiving - A traditional American holiday. We will spend time with the children talking about what we are all thankful for and see what they are also thankful for.

30th - St Andrews Day - Wear blue this day. The Scottish celebrate all that he did. St Andrew's philosophy was simple: share what you have with those less fortunate and be kind to each other!

